



Volunteers for Palliative Care

Fact Sheet

Supported by NSW Health

About Us

Volunteers for Palliative Care Inc. was established in Maitland in 1990. We are a not-for-profit, charity organisation and receive supportive funding from NSW Health.

Our volunteers are trained using the NSW Palliative Care Volunteer Support Services Training Program developed by Palliative Care NSW. All volunteers have a verified Working with Children Check and National Police Screen.

Who We Help

We provide a range of **free services**, supporting people diagnosed with a life-limiting illness or receiving palliative care.

Anyone with a life-limiting diagnosis may be referred to our service provided they reside in the Local Government areas of Maitland and broadly meet the below criteria:

- **Client has a progressive, life-limiting illness with a prognosis of around 24 months or less.**
- **Client has limited family or community supports, experiencing isolation and/or unable to find transport to essential medical appointments.**
- **Client or their decision maker is aware of, and agrees to, the referral.**

Please note, we are not able to provide personal care, nursing support or home cleaning.

How We Help

Our specially trained volunteers provide free services to improve quality of life, provide emotional support and help with stress and challenges of end-of-life care. Our services include companionship, respite for carers, transport and biography writing. Our volunteers can engage in a variety of activities such as walks, hobbies, coffee outings and reading, all depending on the individual needs of the person.

What We Offer



Respite - Giving carers an opportunity for self-care



Companionship - Alleviating feelings of loneliness and isolation



Transport to essential medical appointments



Biography, life stories, memoirs and letter writing



Grief support - Community grief support groups

Contact us

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