

Do you need support after losing a loved one through illness?

Join one of our

GRIEF SUPPORT GROUPS



FREE support for people experiencing the loss of a loved one to illness.

 **0407 062 823**

Where? Groups are held at Club Maitland City in Rutherford, NSW.

How Much? All our sessions are FREE to attend. Plus, we provide tea, coffee and refreshments.

Who can attend? Groups are open to anyone living in the Hunter region, who is at least 4 months post bereavement.

Groups are non-religious, and culturally sensitive.

How to book? Please contact our Intake Coordinator, Kate, to discuss suitability and availability.



Facilitated by
Volunteers for Palliative Care Inc.



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